

To the Lorain Port Authority Board of Directors

From: III. Potentate, Chief Raban, Raban, Deputy for the Oasis and Nobels

Greetings:

Al La Iim Temple #223 wishes to host its' first annual Diabetes Walk (To be Inspired to be Tired) on June 21, 2014 at Black River Landing. This will be a 3 mile walk beginning promptly at 9am and ending at 2pm at Black River Landing. This event is the result of a recently formed partnership between the Prince Hall Shriners and the American Diabetes Association aimed at increasing the community awareness of diabetes and its' community.

Diabetes is one of the leading causes of morbidity and mortality in the United States. While this disease transcends all racial and ethnic boundaries; it has a higher prevalence among minority populations, especially African Americans. Recent reports by the Centers for Disease Control and Prevention indicate diabetes affects over 25 million people in the United States. Additionally, more than a myriad of United States Adults have blood glucose levels just below the threshold to be considered full-blown diabetes.

The walk will begin at the path at the 8th st. parking lot and go through the Black River Landing.

We will also feature free health care screenings, a nutritional speaker for eating healthy with diabetes, prostate cancer speaker and other health care professionals. The screenings and talks will be held at the beginning of the walk at 8th st. A healthy snack will be offered after the walk.

To be successful, this event depends upon donations from area friends, business, churches and organizations such as yours.

To this end we would request a waiver of any fees related to this event,

If you have any questions please contact Thomas Batie at (419) 624-9672